



February 2023 Newsletter

Upcoming Club Meetings and Events

February

13 February (Monday) 2.00pm:

Club Meeting: Uniting Church Hall, Bowral. Speaker: Erna Llenore who will be speaking about birds in our garden.

Please bring a plate for afternoon tea.

27 February (Monday) 10.30am

Garden Visit: Harper's Mansion in Berrima with morning tea and a talk from Chris Thompson at a cost of \$5.

March

13 March (Monday) 2.00pm:

Club Meeting: Uniting Church Hall, Bowral. Speaker: Robyn Bible – 'The Geranium Lady'.

Please bring a plate for afternoon tea.

27 March (Monday) 10.30am

Garden Visit: Suzy Dowsett's garden – 5 Amos Lane, Bundanoon.

President's Message

*W*elcome to 2023 and a whole new round of speakers, sharing aspects, talking about and experiencing all things garden related.

*H*ave we got a Program for you, my wordy, YES. Can you keep up with us, where too much fun is barely enough? We've put together a new Program of meetings, events and trips that we hope you will enjoy. You will be able to collect your copy of the Program at the February meeting at the Uniting Church Hall on Monday 13 February at 2pm.

*W*e, the Committee and I, hope you're ready to jump in at the deep end and join in, share and contribute to, the fun that is the Bowral Garden Club.

I'd like to thank Jonquil for opening her garden on 16 January. We had a good-sized group of keen gardeners turn up on

what promised to be a lousy cool and rainy day. As it turned out the rain dissipated and the sun came out and we were able to have a most enjoyable visit. *The power of positive thinking!*

I think this could be a good theme for the year.

*T*hank you to all who attended for an enjoyable morning and for those of you who took away cuttings of various plants, I hope they're thriving.

*S*ee you soon!

Deb



What's on.....

17 March: Highlands Garden Society Bowral Inc. in association with Southern Highlands Regional Rose Society Rose Show to be held Uniting Church Hall, Bowral. See flyer at end of Newsletter.

3 April: Club Meeting with guest speakers John Weatherstone and John Siemon. This will be a Friendship Afternoon of Southern Highlands and Districts Garden Clubs. Cost: 10.

15 - 16 April: Glorious Gardens in the Southern Highlands. Garden visits will run from 10am – 12pm and 2pm – 4pm on both days. Details of the gardens to visit will be provided to ticketholders before the event.

<https://www.nationaltrust.org.au/event/two-day-visit-to-southern-highlands-country-gardens/>

22 - 23 April: 9am to 4pm Southern Highlands Botanical Gardens Open Gardens and Plant Fair.

From the Editor

*H*ope everyone had an enjoyable Christmas and New Year and had time to spend in the garden, weeding or clearing out over-grown plants that have taken advantage of all the rain – at least we haven't had to water much this Summer!

*H*ow many projects did you get done over the summer? I finally had my garden path completed,



having waited a couple of years for the landscaper to find time. I couldn't be happier how it turned out!

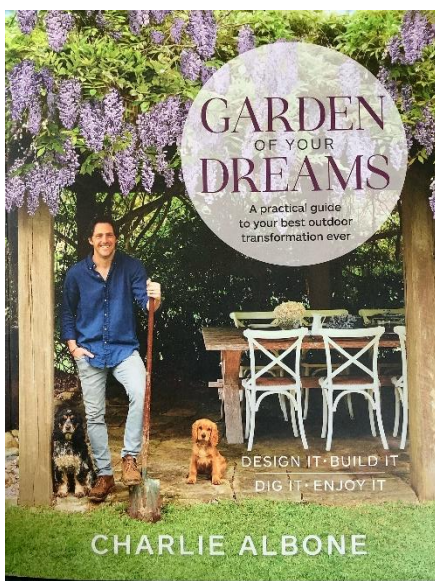
*M*y next project was a new garden bed, the shape inspired by the bulbs bed in the front garden at Susan Hand's home.

Two new roses have been ordered, I moved two hippeastrums which needed more sun and bought an Allium "Luna".

*F*ebruary is a great time to start planning your autumn and winter garden and don't forget, plants need regular feeding throughout the year – at least once each season.

*H*appy Gardening!

Roz



Book Club

I was gifted this book for Christmas. If you like Charlie Albone, it's a good read and I've gleaned some good ideas for my garden.

*H*ave you read a garden related book that you'd like to share with our members?

Send your suggestions to - president@bowralgardenclub.com and we'll include it our Newsletter.

Deb

Plant of the Month

Cuphea Tiny Mice (*cuphea llavea*)



A hardy, flowering, perennial shrub with dense foliage, and tubular flowers capped with two brilliant red petals that resemble mouse ears, hence the name

Tiny Mice. The vibrant flowers bloom from spring through to autumn, and this low growing shrub makes a great potted feature plant, or can be planted as a border plant or in mixed perennial gardens.

Cuphea prefers a full sun location but will tolerate low light areas. Grows well in most soil types which are moist but well-draining, is drought and frost tolerant.

An easy to grow bird attracting plant for gardens and containers.

Source: <https://www.flowerpower.com.au/cuphea-tiny-mice-9313208010919>

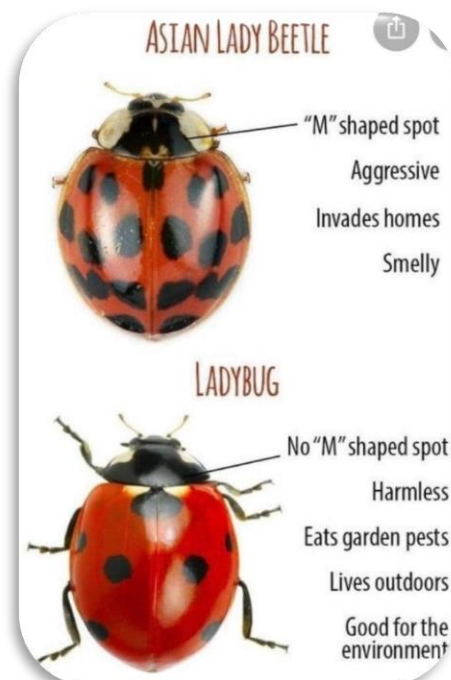
"A late summer garden has a tranquillity found no other time of the year."

William F. Longgood

Did you know!

I saw one in the garden and thought, yep, it's a good guy.....But I was wrong.

Deb



Clover in the garden

By Erica Spinks

On a walk around my neighbourhood, I notice there are spreading patches of clover throughout lawns and nature strips. I'm sure that they weren't so widespread this time last year. Initially I thought this was a bad thing and not to be encouraged in my lawn but now I'm not so sure.



Clover is an invasive plant because the roots spread far and quickly. It is a legume crop and fixes nitrogen in the soil. It does have a taproot so can draw nutrients from deep in the ground. It grows best when lawns are cut low (less than about 7.6 centimetres). This low height stresses the grass and allows the clover to spread more easily. If you cut your grass higher, it makes it more difficult for the clover to compete. Clover will often take advantage of bare spots in a lawn, too, so aerating these areas will help the grass roots develop.

Clover has benefits. It's a great groundcover and chokes out most other weeds. Bees and other pollinators love the flowers. You'll often find honeybees buzzing around the flowers of white clover because the nectar is fairly easy to access. Even those busy insects enjoy not having to work too hard.

Don't forget those supposedly lucky four-leaf clovers. Sadly, these are not magical leaves but are the result of a

genetic mutation and are extremely rare (as few as one in 10,000). Still, if you find one you can carry it for luck; you never know, it may work!



Erica

Fireweed

By Deb Evered

"Fireweed (*Chamerion angustifolium*) is so pretty that I'm surprised so many people hate it. It has long, lance-shaped leaves and pink or purple flowers on long spikes atop three- to eight-foot-tall stalks.

This edible weed prefers moist soil, so



you'll find it near streams or in depressions where water gathers. The shoots, stems, leaves, flowers, and roots are all edible, and the inner stem is super sweet and juicy. Fireweed contains lots of beta-carotene and vitamin C. It also has a mild laxative effect."

After 2 weeks away and an overly wet period, here's what Fireweed looked like

in my garden. As you can imagine, it's on its way to the green bin!!! I don't need that much beta-carotene or Vitamin C, not to mention the laxatives.

Deb



Treasurer's Report as at 28th January, 2023

Opening Balance:	\$14,072.65
Income	0.00
Expenses	-140.00
Closing Balance:	\$13,932.65

Your Committee

President:	Deb Evered 48621407
Vice-President:	Ray Bradley 0416191905
Secretary:	Claire Wormleaton 0438627572
Treasurer:	Sue Ciscato 0448112321
Membership:	Sue Ciscato
Public Office:	Sue Ciscato
Welfare Officer:	Judith Lewis 0438523660

General committee:
Glenys Lilliendal, Judith Lewis, Pam Mildwater

Our Thanks to:

Mt. Murray Nursery for their continued support of our Club by providing the lucky door prizes each month.

Visit their web site at:

<https://www.mtmurraynursery.com/>
for gardening news and specials.

Did you know that Mt. Murray Nursery also offers members a 5% discount on the 3rd Tuesday of every month.

Just show your membership badge.

*Website: bowralgardenclub.com
Newsletter Editor: Rosalyn Mulligan*

From Our Muriel

MEMORIES OF BOWRAL

(By Pte JACK MALLEY)

The poem set out below was written in New Guinea by private Jack Malley of Bowral during World War II and was published in the "Mail" at the time.

There's a little place called Bowral – I was born there long ago-

Where I spent a happy childhood with the people that I know.
It's on the Southern Highlands in a valley mostly green.
And I must say in Springtime it's the fairest spot I've seen.

We lived next to Norman's Stables, well known in bygone days
When everybody rode a horse and had good Australian ways.

Sid Carey had his saddler's shop where Boardman's Corner stands;
A tree grew through his verandah, as remembered by old hands.
Mr Paynter had the Picture Show, 'way back when we were boys;
Miss Correy sold us lollies, Miss Potter sold us toys.

Constable Eddy was the policeman, and often on his beat
Threatened me with "drastic action" for furious riding on the street.
As far as I remember (and I'm trying to be fair),
Bert Venables or Ted Boardman always seemed to be mayor.

Jasper Pickard had the Big Store, now R.S. Smith and Co.-
There's been changes in the district since those days of long ago.

The Post Office hasn't altered, and the Banks are just the same,
But the streets were then blue-metal ('twas before the hard roads came).

My uncle built the Royal Hotel, another built the Grand
Craigieburn was then a cottage, and the Glebe was vacant land.

Jim Goodfellow had the Saleyards; across the road was Theo Small,
And Newbolds had the Brickyards – but I cannot name them all.
The Suttons were the plumbers; and, in sunshine or in rain
Always on the bread-cart would be my friend Reg Pain.
Don Bradman in his office – it seems so long ago!
And I was over opposite, employed by Slack and Co.

Then the Arnulls bought out Normans (everybody knows them well)
And better friends I'll never have, no matter where I dwell.

I remember well old Bong Bong Street-it's had its share of fame;
As boys we often stood in awe when Lady Hordem's coachman came

Behind two lovely horses, with his billy-hat and gloves,
Sartorially resplendent - a picture every horseman loves.

The harness was brass-mounted – in the sun it shone like gold –
And the coach beyond description – sights we'll never more hold.

There's one thing's always worried me – the question always baulked –
For years and years I've wondered if Jack Smith has ever walked.
If he has, it's news to me, but whether "yes" or "no,"
He's the finest all-round horseman that it's been my lot to know.
In the days of bullock-riding, when the local lads won fame
My brother Reg and Tom McColgan were champions at the game.

There was Harry Smith and Gordon, and Fred Arnull at his best,
And Bill Pickles picked the bullocks and put them to the test.

My uncles were great horsemen in the days when they were young –
Three are buried in the district, and left there's only one.

Mr. Neich, of my old home town – you surely must know him,

And in my fondest memories there's always Uncle Jim:
In the good old days with Craigieburn and Arrankamp full swing,
We've taken fifty saddled horses for guests there in the spring.

I must say that they were happy days when everybody rode,
There was clatter of the horse-hooves on every Bowral road.

Now the roads are tarred all over, and too slippery for the horse,
And the tourists seek new places – is this progress in its course? –
But the hills they cannot alter, nor the Spirit of the Past,
For they are always with me and will be till the last.

I'm in far-away New Guinea and I'm all alone tonight;
I guess I must be homesick – that's the reason why I write.

Veggie patch tips for February:

The veggie garden will be at its most prolific now, with all the summer crops ripening or ready to harvest

- Keep vegetables and herbs producing well with a liquid plant food like Scotts Osmocote® Pour+Feed for Tomatoes & Herbs or a certified organic fertiliser.
- Check the ties on bush tomatoes and other veggies to ensure they are not too tight.
- Hand pull or hoe out weeds that compete for nutrients and moisture

and may also harbour pests that could attack your crops.

- Continue watering crops early in the day direct on to the soil – avoid wetting leaves because this could encourage diseases.
- Bird netting over the entire veggie patch will keep birds and possums out, ensuring everything that's ripe is for you, not the wildlife. Make sure the mesh size is less than 5mm to prevent birds or animals catching their claws in

Source: <https://www.lovethegarden.com/au-en/garden-calendar/february>



Can Assist
CANCER ASSISTANCE NETWORK
SOUTHERN HIGHLANDS BRANCH
69th ANNIVERSARY 1950-2020

RAFFLE

TICKETS \$5.00 EACH OR 3
FOR \$10.00

TICKETS AVAILABLE AT THE
FEBRUARY, MARCH AND APRIL CLUB
MEETINGS

THE RAFFLE WILL BE DRAWN AT
EASTER 2023

We like to support worthy causes in the Southern Highlands, and as you all know Can Assist does an extraordinary job and you never know when you might need them.

They are running a raffle for the most magnificent quilt.....you know you want it!

Tickets will be on sale at our next few meetings and will be drawn at Easter.

Please support this outstanding charity.



The beautiful blue and white French toile fabric in the quilt was donated to the **Southern Highlands Quilters Guild** by Lyn Esdaile, and the designer and maker of the quilt was Teresa Wroniak.

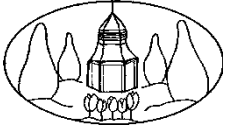
A pattern was designed to make the most use of the Toile using the traditional design of hexagons to maximise the size and look of the toile. Complementary fabrics were purchased. Sewing the quilt and construction of the quilt took many weeks.

The quilt has been generously donated to **Can Assist Southern Highlands** by the **Southern Highlands Quilters Guild** raising funds to help support residents of the Wingecarribee Shire with a cancer diagnosis.

Raffle tickets will be available at the February, March and April club meetings.

Pics from our Christmas Party





**HIGHLANDS GARDEN SOCIETY BOWRAL INC.
&
SOUTHERN HIGHLANDS REGIONAL ROSE SOCIETY**

Autumn Rose Show

Friday 17 and Saturday 18 March 2023

**To be held at the Uniting Church Hall, Corner Boolwey and
Bendooley Streets, Bowral**

Schedule & Programme

Friday 17 March

Exhibits must be tabled between 1.30pm and 2.30pm

Entries are welcome from members of the Societies and the public

Judging commences at 2.45pm sharp

Presentation of Prizes and Judges' comments 4.00pm

Refreshments available for purchase following presentation until 5.45pm

Highlands Garden Society General Meeting 6.00pm

Saturday 18 March

Open for Public Viewing from 9.30 am to 2.30pm

Admission - Gold Coin Donation Exhibitors Free



This schedule has been designed to encourage people who have never thought of exhibiting roses to do so. It also caters for those with some expertise in growing roses. Everyone may display their roses with the knowledge that their blooms will be appreciated and their participation in the show will add to the success of the Show.

ROSES

Exhibition Roses include hybrid tea and climbing hybrid tea roses with one large flower to a stem with or without disbudding. Exhibition roses must have no side buds.

1. One exhibition rose - refer guideline 5(iii).
2. Three exhibition roses, different cultivars in three containers - refer guideline 5(iii)
3. One full blown rose - refer guideline 5(iv)
4. Three full blown roses, different cultivars in three containers - refer guideline 5 (iv)
5. Four exhibition roses of one cultivar at four stages of development in one container - refer guidelines below.
 - (i) 1st stage - Bud to show colour and petals not starting to unfurl
 - (ii) 2nd stage - Midway between first and third stage
 - (iii) 3rd stage - Exhibition Stage - half to three quarters open
 - (iv) 4th stage - Full bloom - petals symmetrically arranged within a circular outline, stamens exposed and of good colour, clean and fresh.

Floribunda Roses - modern cluster flowered shrubs or climbing roses.

6. One cut - the single stem must be visible at the rim of the container.
7. Three cuts in one container - NND three stems must be visible at the rim of the container.

David Austin Roses

8. One cut - to be exhibited in container provided.
9. Three cuts of different cultivars in one container - stems must be visible at the rim of the container - may be inconspicuously wired.
10. Three cuts of same cultivar in one container - stems must be visible at the rim of container - may be inconspicuously wired.

Modern Shrub Roses— e.g. Polyantha, Hybrid Musk or Ground Cover roses

11. One cut— stem must be visible at rim of container.

Spray

12. A spray of climbing roses to be displayed flat on bench in an orchid tube – not to exceed 50cm (a limited number of orchid tubes will be available at the Show)

Miscellaneous Classes

13. **Vase of Roses** - Glass or crystal vase of roses, minimum of 9 blooms NND, side buds and hips allowed - width not to exceed 30cm
14. **Float Bowl of Roses** - maximum of 5 blooms NND. **Must float** in bowl minimum of 5cm deep and not exceeding 10cm deep.
15. **Small basket of roses** NND - bench space not to exceed 30cm

NOVICE CLASSES for exhibitors who have never won a trophy or a first prize in a Show.

16. One exhibition rose - refer guidelines class 5 (iii).
17. Three different exhibition roses in three containers - refer guidelines class 5 (iii).
18. One full blown rose. Refer guideline class 5 (iv).
19. Four exhibition roses of the one cultivar at four stages of development in one container refer guidelines class 5 (i) to (iv).

Miniature and Miniflora Roses

Miniature Roses are miniature flowered shrubs or climbers which have small flowers with proportionally small foliage. The stems must be thin and wiry. Flowers may be single or double, borne singly or in well-balanced terminal clusters. **Miniflora Roses** generally have blooms and foliage larger than Miniature roses but smaller than Floribunda roses. Refer to page 4 of this schedule.

Miniature Roses

20. 1 stem or cut of Miniature roses
21. 1 vase Miniature Roses, 3 cuts &/or stems
22. 1 vase Miniature Roses, Bud to Full Bloom, 4 stages, same cultivar
23. 1 vase Miniature Full Bloom Roses, 3 stems, same cultivar

Miniflora Roses

24. 1 stem or cut of Miniflora roses
25. 1 vase Miniflora Roses, 3 cuts &/or stems
26. 1 vase Miniflora Roses, Bud to Full Bloom, 4 stages, same cultivar
27. 1 vase Miniflora Full Bloom Roses, 3 stems, same cultivar

NOVICE CLASSES - Miniature and Miniflora Roses for exhibitors who have never won a trophy or a first prize in a Show.

28. 1 stem or cut of Miniature roses
29. 1 stem or cut of Miniflora roses

AUTUMN FLOWERS/ FOLIAGE

30. One Hydrangea
31. One Oakleaf Hydrangea
32. Fuchsia - one cut
33. Fuchsia - three cuts - at least two cultivars
34. Alstroemeria - three cuts - D
35. Sedum - three cuts
36. Flower from any bulb, corm, rhizome or tuber - one cut
37. Container of foliage - autumn colour allowed - minimum of 5 stems or leaves NND. Exhibitor to provide own container
38. Mixed vase of autumn flowers. Exhibitor to provide own container - bench space not to exceed 40cms

FRUIT OR VEGETABLES

39. Autumn Harvest – may be a of mix of vegetables/herbs/fruit. Maximum size of basket/container 50cm x 40cm

Enquiries - Rose Specimens, Autumn Flowers/Foliage and Fruit and Vegetables
Sally Gaudry, (T) 0403 496 708 (E) johnnagaudry@hotmail.com
or
Ray Bradley (M) 0416 191 905 (E) rbb1945@bigpond.net.au

FLORAL ART

	Bench Space
40 A Cascade	40cm
41 Tall and Narrow	30cm
42 Pave - autumn colours - design to include roses	50cm
43 Beauty of Foliage – a petite design more than 10cm and less than 25cm in height, width and depth	
44 Easter Table Arrangement – may include flowers, fruit or vegetables - horticultural material to be home grown by exhibitor	60 cm

NOVICE CLASS for exhibitors who have never won a trophy or a first prize in a Show.

- 45 An arrangement using three roses and a branch 30cm

Floral Art - Conditions

- ❖ A limit of one entry per member in each class.
- ❖ Exhibits must be the work of the exhibitor
- ❖ Any work created or practiced at a workshop prior to exhibition is ineligible for entry
- ❖ Horticultural material to predominate and no artificial flowers or foliage
- ❖ Embellishments allowed BUT must not predominate arrangement.
- ❖ Unless specified any flowers may be used.
- ❖ Flowers and foliage do not have to be grown by the exhibitor unless specified
- ❖ Judging is in accordance with the R.H.S. of N.S.W. Floral Art Show Guide.
- ❖ Entries to be judged from front and side.
- ❖ Floral Art Registrations close Monday 13th March to allow for space allocation.

Enquiries/Registration Floral Art
Judy Keast 0429 461 927 (E) judykeast2576@gmail.com

Exhibitor Guidelines All Classes

1. With the exception of Floral Art, all entries must come from plants which have been cultivated by the exhibitor for at **least three months**.
2. All entries, except Classes 13, 14, 15, 39, 40 and 41 and Floral Art should be exhibited in green exhibition vases provided by the Society or, if insufficient available, 300ml soft drink bottles *which will be available on the day of the Rose Show*.
3. Any work, including Floral Art, created or practiced at a workshop prior to exhibition is ineligible for entry.
4. NND means not necessarily distinct (i.e. they may be the same or different cultivars). D means different cultivars or varieties.
5. With the exception of **Floral Art** classes, every exhibit must be accompanied by a plain white 'business/visitors' card showing the exhibitor's name on one side and, if known, the species or cultivar, together with the Class Number, on the other side. Cards must be displayed with the **name of the exhibitor facing down**.
6. Exhibitors may seek advice of the stewards about the tabling and classification of entries and must respect their decision as final.
7. Exhibits may be prepared on tables provided for that purpose but must not be prepared on display tables.
8. The Judges' decisions are final.

Prizes

A Certificate and ribbon will be awarded for:

- ❖ Most Successful Rose Exhibitor
- ❖ Champion Rose Exhibit
- ❖ Reserve Champion Rose Exhibit
- ❖ Champion David Austin Rose Classes (Classes 8-10)
- ❖ Champion Novice Rose Exhibitor (Classes 16-19)
- ❖ Champion Miniature and Miniflora Roses (Classes 20-27)
- ❖ Champion Novice Class – Miniature and Miniflora roses (Classes 28-29)
- ❖ Champion Autumn Flower exhibit (Classes 30-38)
- ❖ Champion Fruit and/or Vegetables (Class 39)
- ❖ Champion Floral Art (Classes 40-44)
- ❖ Champion Novice Floral Art (Class 45)

Depending on the number and quality of exhibits, a certificate may be awarded for the first placed entry in each Class and certificates may also be awarded for second and third placed entries.

Hints for Flower Show Exhibitors

- **READ THE SCHEDULE.** Do not assume the schedule or classes are the same as for previous shows. Schedules are reviewed prior to each show. Any amendment to a class will impact the way an exhibit is to be presented.
- Exhibitors **must prepare their own exhibits** for tabling taking into account any specific requirements mentioned in the schedule – e.g. exhibitor to provide own container or a specific type of container such as a vase or bowl – **note** a vase is taller than it is wide and a bowl is wider than it is high.
- Ensure your exhibit complies with the schedule.
- Consider the classes and plant material you wish to enter in advance of the show date – do not wait until the day before or the morning of the show. If required to provide your own container for an exhibit consider what you are going to use.
- Determine when to pick your plant material – late afternoon or early morning – carry a container of water with you and immerse the stems immediately. Do not pick in the heat of the day.
- If stems need to be recut do this under water cutting the stem on an angle providing a larger surface for water to be taken up.
- Exhibits should be good quality flowers and/or foliage without disease or blemishes.
- With the exception of floral art, or any class specifically mentioned in the schedule (*including floral art*), all competition exhibits must be grown by the exhibitor for at least three months prior to the show.
- Any work created or practiced at a workshop prior to exhibition is ineligible for entry.
- **Float Bowls** -- flowers should float unaided and cover 2/3 of the water surface allowing room for movement.
- If the schedule specifies a specific **number of stems** ensure that number of stems is clearly visible at the rim of the container.
- Where specified - Not Necessarily Distinct (**NND**) means exhibits may be the same or different cultivars. Distinct (**D**) means different cultivars or varieties.
- If exhibiting **Floral Art** read the specific conditions relevant to those classes.

With interest increasing in **Miniature Roses**, and the recent introduction of **Miniflora Roses**, classes for these roses have been expanded in the show schedule. Miniature roses are the smallest of the roses with flowers that are usually less than 5cm across and broadly the bushes grow to no more than 50cm in height. Miniflora roses generally have blooms and foliage larger than Miniature roses but smaller than Floribunda roses. **Please note** the following lists of Miniature and Miniflora Roses are not conclusive.

MINIATURE ROSES

Delicious
Figurine
Irresistible
Jean Kenneally
Loving touch
Magic carousel
Magic show
Rainbow's End

MINIFLORA ROSES

Bride's Bouquet	Troy
Gra's Blue	Red Gem
Graces Reward	Rebel Red
Hello Yellow	Sarah Anne
Joyce Abounding	Vibrant
Lenny	White Dream
lilac Festival	Eric The Red
Mandarin	
Nemesis	